

media release

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Double Drummer finds World Masters Games partner for Reg Trewin – aged 101!

Those of us who dream of living to ‘a ripe old age’ imagine sipping a hot cuppa while sitting on the verandah or in front of the TV with a rug over our lap. If 101 represents that ripe old age, Reg Trewin sees life a little differently to most.

Thrilled to have been officially recognised as **the oldest competitor in next month’s 2009 Sydney World Masters Games**, Reg won’t be sitting in the stands (with or without rug) watching on. He’ll be taking to the bowling green in the 60 and over Mixed Pairs category with his newfound partner Helene... and Reg thinks they’re in with a good chance of bringing home a medal!

Brought together by Games Community Partner, DoubleDrummer.com, Reg and Helene have yet to put in a practice session together... but both are experienced lawn bowlers who love the social and competitive sides of their favourite sport.

Double Drummer (DD) is **an online community of active people** tasked with helping Games entrants to find playing partners or team members so that they can participate in the world’s largest multi-sports event. Around 30,000 athletes over the age of 30 from all around the world will meet in Sydney from **October 10 to 18** to compete in 28 separate sports. So far DD has matched around 250 competitors with partners.

Reg Trewin still bowls every week but prefers Pairs to Singles play these days. DD partner, Anna Cosio said: *“We thought it may be a little difficult to find someone for Reg... we’re all about matching playing partners based on standard, required gender and of course age. But we*

put the word out there and Helene was more than happy to play Pairs with Reg... as long as he'd compete in the 60 & Overs. When asked, Reg replied straight away, saying: "No problem".

Born in Shepparton Victoria in 1908, Reg has always loved his sport, playing tennis as a young man when he wasn't busy working as a machinist. His father worked for Furphy and Son, whose company motto was *"Good better best - never let it rest until your good is better and your better best."* Reg has been guided by this philosophy all his life and says: *"I hope I've also passed on this way of life to my own family."*

Around the start of World War II, Reg had moved from the country to Sydney and worked in the family sports store, stringing tennis racquets among other duties. **He took up golf at 70 and bowls at 72** saying: *"I've never looked back! You can't stop being active...you just have to keep changing the way you do things. I've kept bowling because I love being active and I love the friends I've made through sport."*

At 101-years young, Reg shows that it's never too late to enjoy the rewards of remaining active. This is his first Masters tournament of any description and he can't wait to compete. *"I plan to play my best with Helene, the same as I do every chance I get. And I hope we win!*

"I'm thrilled that Double Drummer has given me the opportunity to play in the Pairs event. I love company on the green and when I saw Helene's photo I thought she must not only be a good bowler, but must also enjoy helping others as she was willing to play with an old codger like me." Reg had a special message for Helene, saying: *"I promise I'll give my best in every match Helene... and I'm happy for you to lead, so don't be afraid to give me orders!"*

Reg's involvement and enthusiasm truly embodies the 2009 Sydney World Masters Games theme...*Fit, Fun and Forever Young!*

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